

| Maandag   |       | Veld 1A  | Veld 1B                                 | Veld 2A  | Veld 2B                                       | Veld 3A   | Veld 3B                                       |                     |  |  |  |  |
|-----------|-------|--|---|--|---|---|---|---------------------|--|--|--|--|
| 16:00     | 16:15 | Forte  | o10-1<br>jamy van Dijk                  |  |   |   |   |                     |  |  |  |  |
| 16:15     | 16:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:30     | 16:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:45     | 17:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:00     | 17:15 |  |   |  | o11-2<br>Hendrik<br>Ploegaert                 | o9 sel<br>Kep Munsterman  |   |                     |  |  |  |  |
| 17:15     | 17:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:30     | 17:45 |  |   | o10 2-3<br>+ Mats Bolten   | keeperstrai<br>ning                           |   |   |                     |  |  |  |  |
| 17:45     | 18:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:00     | 18:15 |  |   |  |   |   | o13-3 Christiaan Bakker<br>o14-3 Dylan en Kaj |                     |  |  |  |  |
| 18:15     | 18:30 |  |   |  |   | o12-1<br>o11-1 Sjoerd Verbeek                                   |   |                     |  |  |  |  |
| 18:30     | 18:45 |  | o12-2 Melvin en Moos                    | keeperstrai<br>ning  |   |   |   |                     |  |  |  |  |
| 18:45     | 19:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:00     | 19:15 | o13 sel Merlijn Henschen<br>+ Martijn den Hartog                 | o13 sel Merlijn + Martijn<br>den Hartog | keeperstraining  | Dames 2<br>Thom Braaksma                      | o17-2(3) o19-2  |   |                     |  |  |  |  |
| 19:15     | 19:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:30     | 19:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:45     | 20:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:00     | 20:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:15     | 20:30 | senioren 1 o23 o19-1<br>Robbert- Jef -Edwin -Niels               |   |  |   |   |   |                     |  |  |  |  |
| 20:30     | 20:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:45     | 21:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:00     | 21:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:15     | 21:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:30     | 21:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:45     | 22:00 |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
| Dinsdag   |       | Veld 1A  | Veld 1B                                 | Veld 2A  | Veld 2B                                       | Veld 3A   | Veld 3B                                       |                     |  |  |  |  |
| 16:00     | 16:15 | Forte  |   |  |   |   |   |                     |  |  |  |  |
| 16:15     | 16:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:30     | 16:45 |  |   |  |   | mo13<br>Bart van Schagen  |   |                     |  |  |  |  |
| 16:45     | 17:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:00     | 17:15 |  |   |  | mo15-2<br>Bram                                |   |   |                     |  |  |  |  |
| 17:15     | 17:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:30     | 17:45 |  |   | o7 + o8 + o9-3 Owen +<br>Nick + Hidde + Duncan<br>+ Abel + Koen + Mats +<br>Bram |   | 16-2<br>Bart van Schagen  |   |                     |  |  |  |  |
| 17:45     | 18:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:00     | 18:15 |  |   |  |   |   | mo11 Ginia                                    | o13-3<br>Christiaan |  |  |  |  |
| 18:15     | 18:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:30     | 18:45 | o17 sel Ruben  |   | o14 sel Owen en Stef   |   | mo15-1<br>Ginia , Kayleigh,<br>Debora                           |   |                     |  |  |  |  |
| 18:45     | 19:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:00     | 19:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:15     | 19:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:30     | 19:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:45     | 20:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:00     | 20:15 | senioren o23 -2-3 o19-3 (zelfstandig trainen)                    |   | mo17-1<br>Maartje  | Dames 1 Owen                                  |   |   |                     |  |  |  |  |
| 20:15     | 20:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:30     | 20:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:45     | 21:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:00     | 21:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:15     | 21:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:30     | 21:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:45     | 22:00 |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
| Woensdag  |       | Veld 1A  | Veld 1B                                 | Veld 2A  | Veld 2B                                       | Veld 3A   | Veld 3B                                       |                     |  |  |  |  |
| 15:00     | 15:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 15:15     | 15:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 15:30     | 15:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 15:45     | 16:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:00     | 16:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:15     | 16:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:30     | 16:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:45     | 17:00 | o11-2 Hendrik Ploegaert &<br>o12-2 Melvin en Moos                | o9 sel Kep + Hidde                      | o13-2 Martijn den<br>Hartog  | o10-1 Jamy                                    |   |   |                     |  |  |  |  |
| 17:00     | 17:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:15     | 17:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:30     | 17:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:45     | 18:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:00     | 18:15 | o12-1<br>Ozair   | o11-1 Sjoerd Verbeek                    | o17-2(3)<br>???  | o15-1<br>Damian Muijs                         |   |   |                     |  |  |  |  |
| 18:15     | 18:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:30     | 18:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:45     | 19:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:00     | 19:15 | senioren 2 (Jeff) + 3+4(zelfstandig trainen) dames 35+ (maartje) |   |  |   |   |   |                     |  |  |  |  |
| 19:15     | 19:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:30     | 19:45 |  |   |  |   | o16-1 - o17-4 Dennis<br>Oostindie en Vincent<br>Bruin           | o13-1 Merlijn                                 |                     |  |  |  |  |
| 19:45     | 20:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:00     | 20:15 |  |   |  |   | senioren 5-6-7 (zelfstandig trainen)                            |   | senioren 1 o23-1    |  |  |  |  |
| 20:15     | 20:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:30     | 20:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:45     | 21:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:00     | 21:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:15     | 21:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:30     | 21:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:45     | 22:00 |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
| Donderdag |       | Veld 1A  | Veld 1B                                 | Veld 2A  | Veld 2B                                       | Veld 3A   | Veld 3B                                       |                     |  |  |  |  |
| 16:00     | 16:15 | Forte  |   |  |   |   |   |                     |  |  |  |  |
| 16:15     | 16:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:30     | 16:45 |  |   |  | mo13 Bart v Schagen                           |   |   |                     |  |  |  |  |
| 16:45     | 17:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:00     | 17:15 |  |   |  | mo15-1 Ginia ,<br>Kayleigh, Debora            | o7 + o8 + o9-3 Owen +<br>Nick + Hidde + Duncan<br>+ Abel + Koen | mo11 Ginia<br>mo15-2<br>Bram + Ans            |                     |  |  |  |  |
| 17:15     | 17:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:30     | 17:45 |  |   | 16-2 Bart  |   |   |   |                     |  |  |  |  |
| 17:45     | 18:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:00     | 18:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:15     | 18:30 |  | o14 sel Owen en Stef                    |  | o17 sel Ruben                                 |   | o13-1   |                     |  |  |  |  |
| 18:30     | 18:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:45     | 19:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:00     | 19:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:15     | 19:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:30     | 19:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:45     | 20:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:00     | 20:15 | Dames 1+2<br>Owen van der Oort                                   |   | mo17<br>Maartje  | o19-1 +2<br>Robert Michielsen + Stef Liefting |   |   |                     |  |  |  |  |
| 20:15     | 20:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:30     | 20:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:45     | 21:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:00     | 21:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:15     | 21:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:30     | 21:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:45     | 22:00 |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
|           |       |  |   |  |   |   |   |                     |  |  |  |  |
| Vrijdag   |       | Veld 1A  | Veld 1B                                 | Veld 2A  | Veld 2B                                       | Veld 3A   | Veld 3B                                       |                     |  |  |  |  |
| 16:00     | 16:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:15     | 16:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:30     | 16:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 16:45     | 17:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:00     | 17:15 |  |   | o10 2-3 Cristiaan +<br>Tobias + Tim Bakker                                       |   |   |   |                     |  |  |  |  |
| 17:15     | 17:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:30     | 17:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 17:45     | 18:00 | o14-3<br>Kaj Wingelaar en Dylan<br>Opten                         |   |  |   |   |   |                     |  |  |  |  |
| 18:00     | 18:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:15     | 18:30 |  |   | o13-3<br>Christiaan Bakker   | o17-2(3)<br>vacant                            |   |   |                     |  |  |  |  |
| 18:30     | 18:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 18:45     | 19:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:00     | 19:15 | 15-1 Damian muijs  | walking football                        | o16-1 - o17-4 Dennis Oostindie en Vincent Bruin                                  |   |   |   |                     |  |  |  |  |
| 19:15     | 19:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:30     | 19:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 19:45     | 20:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:00     | 20:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:15     | 20:30 | o19-3<br>Arie  |   |  |   |   |   |                     |  |  |  |  |
| 20:30     | 20:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 20:45     | 21:00 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:00     | 21:15 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:15     | 21:30 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:30     | 21:45 |  |   |  |   |   |   |                     |  |  |  |  |
| 21:45     | 22:00 |  |   |  |   |   |   |                     |  |  |  |  |